

Report Activity Promotion Oral Health Education in

Mondulkiri Province On 24th -27th April 2012

On Tuesday 24th April 2012:

We leaved from Phnom Penh around 9AM because this morning Mr. Lay went to take T-shirt and rain coats from printer shop. We are arrived Mondulkiri around 4PM.

On Wednesday 25th April 2012:

In the morning:

In the schedule time table Miss. Miho went to PED at 8:30AM and PHD at 9:30AM to meeting directors of both departments but I didn't know what was she meeting? Because Miss. Miho didn't tell me anything. All staff coordinators OISDE prepared instruments and materials and snack for DCA workshop this afternoon and promotion oral health education at Polong commune in Senmonorom district tomorrow on Thursday 26th.

In the Afternoon:

All DCA arrived at office OISDE at 2PM to do report their activities in last month.

Mr. Senyise and Miss. Nita (DCA at Orang district)

went to oral health promotion villagers at Jesus commune in Andong Kroloeung village, that this commune has 53 families. They spend 30mn for teaching oral health education in each family,

they met one villager had pain teeth and they told him to see **Dr. Channarith** at referral hospital in Senmonorom, but he said he didn't care his pain, he is thinking to earn money to feed his family.



Mr. Pen Yin (DCA at Koh Gneak district) went to oral health promotion villagers (30 families) at **Srerong commune** in Memong village. He met most of Khmere Minority has a lot of plaque score, calculus and gingivitis include bleeding, he also told those villagers go to see **dental nurse** at Koh Gneak or **Dr. Channarith** at hospital Senmonorom, and he also push them brush their teeth every times after they eat and before go to bed etc.



Mr. Bora (DCA at Keo Seyma district) went to teaching oral health education 30 families at **Poukung village**, this village has 90% to 95% Khmere minority. After **Mr. Bora** teaching them, They told Mr. Bora that all the times when they brushing their teeth, they feel their mouth good clean and has no food inside the mouth, **Mr. Bora** said yes to those villagers, please try brushing our teeth after we eat any things and before go to sleep.



Mr. Tun Keng (DCA at Koh Gneak district) went to oral health education 30 families at **Srehuy village**. He met one villager had a lot of calculus, swelling and bleeding 30mn in every times, he push this villager try to brushing teeth every time after eating to remove food, plaque score and

rinse mouth with warm saline water 5 to 6 times per day, if still not yet better please go to see **Dr. Channarith** at referral hospital in Senmonorom district.



Mr. Sonith (DCA at Pichhada district) went to oral health education 30 families at **Krang Test village**, this village has 149 families. He didn't meet villagers have any problem their teeth and most 30 families have tooth brush and tooth paste but only for teenagers.

Mr. Sarith (DCA at Memang district) went to oral health education 30 families at **Sretong village**, he was difficult when raining day because he couldn't crossing the bridge cause from have over water on the bridge. He met a lot villagers had dental caries and 40% of this villagers have tooth brush and tooth paste.



Mr. Sokmoeurn (DCA at Senmonorom district) went to oral health education 30 families at Putaing viillage, this village 80% is KhmERE minority, and most of them swelling gum and has a lot calculus, when he told villagers to go **Dr. Channarith** at referral hospital to treat them but they said

they have no money, no motor and they afraid to get pain more and more. He also told those villagers must try brushing teeth every time after eat and before go to sleep.

Mr. Phearin was absent this day.

At 15:00 PM r. Channarith review lesson oral health education to our DCA again to make sure all of them remember all each parts etc. He asked some questions to DCA and most of answering was corrected, and most of them now remember without see the words, they just see pictures in the book, they can explain clear than last time.



At 16:00 PM is break time. Our DCA include all staff enjoy to eat snack and said joking together to relax.

At 16:30PM, Dr. Channarith divide motors to DCA and change from this DCA to another DCA to take it to use next month because we have only 4 motors, so not enough and we can't give one motor in each district or DCA.



Mr. Lay and **Miss. Miho** said thank you to DCA for report activity and review oral health lesson. She divide 2 T-Shirts and one uniform rain coat to all DCA.



On Thursday 26th April 2012:

We arrive Pouloung commune around 7:30AM and all **DCA** and staff set up materials by step for promotion oral health education to **Pouloung** villagers and after **DCA** divided 3 rules group.



At around 8AM, we saw villagers arrive at **Pouloung** commune by small group, we saw interview group of **DCA** they started do interview villager one by one and after villagers finished interview already, they gave paper interview, take water and tooth brush from Miss. Miho, and next Miss. Miho told them to go up commune office to listen our **DCA** teaching oral health education.



When villagers finished to listen oral health education, we also invited them to practical brushing with apply color redcoat on full all teeth and group **DCA** practical brushing teaching them brush their teeth step by step. If we saw villagers can't do practical brushing well, we told them try brushing follow our technique step by step, and some time **Dr. Yuka** or **DCA** or **Dr. Channarith** or I to hold their tooth brush showed them step by step until they can do it by themselves.



This morning we got around 65 villagers. **Mr. Lay** and **Miss. Miho** told commune chief to go to inform another villagers or families didn't coming this morning please tell them coming tomorrow

morning.



After finished **Mr. Lay** and **Miss. Miho** were meeting with DCA and thank you to them that they did good this morning. Also **Mr. lay** and **Miho** told them tomorrow morning we must arrived **Pouloung** commune office around 8AM. We finished all everything for this day at 11:30AM.

In the afternoon:

All OISDE staff has meeting and prepare all materials for promotion oral health education tomorrow again at **Pouloung** village.

On Friday 27th April 2012:

All staff and our DCA arrived Pouloung commune office around 8AM. DCA divided and change some DCA to do other group instead together.



For this morning we got only around 15 to 20 villagers coming today because the villagers stay in around block of **Pouloung** commune only 100 families and some families were busy to join meeting with commune chief to solve their lands from someone took their lands. We finished our activity with villagers around 10AM. All DCA and staff had meeting at the commune place about activity with villagers this morning, some DCA said they can teaching oral health education without read the book, they just see the pictures, they can explain clear now and some DCA said this morning we didn't do smooth like yesterday.



Dr. Channarith told DCA next time please before start teaching oral health education, DCA group teaching oral health should introduce us to let all the villagers to know our team. For I told them please next time group of practical brushing should walk to look around villagers practical their brushing teeth and when we saw them couldn't do well, we can show them again or hold their hand and tell them step by step too.

We finished all our activity and said good bye together at 10:30AM, our DCA went to their each home.

We leaved from Mondulkiri around 10:50AM and we arrived Phnom Penh around 5PM.

Thank you so much for all of you that try to help promotion oral health education people in Mondulkiri province. May God bless all of you have good luck and hearing from this activity next time.

On 15th May 2012

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