

## Report Activity and Workshop Oral Health Promotion School Teachers in Primary school on 24<sup>th</sup> -25<sup>th</sup> May 2012 in Mondulkiri

Before I writing report activity on 24<sup>th</sup> – 25<sup>th</sup> May 2012, I would like all of you to know about new pamphlet that we new create it, we was meeting and discussing together with department of oral health in Ministry of health (**Dr. Chher Tep Pirou and Dr. Hak Sithan** ), **2 Professors at Faculty Odonto-Stomatology ( Prof. Vorn Vutha and Ass.Prof. Uy Sophorn)**, **1 Director OISDE of Cambodia (Ass.Prof. Sok Chea)**, **coordinator OISDE (Mr. Lay)** and **2 dentists at department of Health in Mondulkiri (Dr. Mok Channarith and I (Sonita))**. The gold for we create this new pamphlet, the first our idea to make pictures and use the words are easy for people and Khmere minorithy to easy read, look and understand, and we also would like to use logo Ministry of Health, Faculty of Odonto-stomatology, Jica and OISDE and Ministry of Education together and we can public to use this new pamphlet around Cambodia for Oral Health promotion too in the future, we will get the budget to do this from Jica.



For this month, I am apology all of you that had no information about workshop and report activity from DCA to go promotion oral health to villager because Miss. Miho put my schedule to go Mondulkiri on 23th-25th May 2012 so I missed this workshop for this month but I have information workshop for school teachers and activity school sample at Poulong primary school in Senmonorom district.

**On Thursday 24<sup>th</sup> May 2012,**

At 1:15PM all our DCA arrive seminar room at department of education.

At 1:30PM, all 18 primaries schools teachers in Senmonorom and Oraing districts arrived seminar room at Department of Education and registers step by step with Mr. Bunthoeurn and Mr. Puthea, and after all the teachers seat and answer questionnaire about their knowledge oral health education before we provide lecture oral health education to them. In this workshop we got some teachers absented cause from they confused the date and time table schedule.



At 2:00 Mr. Tim Sang Vat arrived at room workshop and he anointments and called in each name of schools teachers were coming to join this workshop, he also said apology for **Prof. Vorn Vutha, Ass.Prof Sophorn** and **Mis Miho** for some teachers didn't come to join this workshop cause from their confuse time and date.





At 2:15PM, Mr. Lay started to speech welcome to director of department of education **Mr. Tim Sang vat**, **prof. Vorn Vutha**, **prof. Sophorn**, **Japanese OISDE** and all schools teachers and DCA coming to join in workshop today.

Next **Mr. Lay** would like to invite **Prof. Vutha** speech. Prof. Vutha said about the gold and public oral health promotion in Mondulkiri to primaries school in Senmonorom and Oraing districts to do sample size first and maybe next year we will start other districts more and we need good cooperate from Department of Health and Department of Education and especially primary school teachers in Mondulkiri. The second gold we would like to see all children have good smiling, good oral health and cut down dental carries in 2015 in Mondulkiri, if children are 6 to 12 years old have good oral health and their teeth without carries, they will get their permanent teeth are healthy and they have their teeth full in their mouth to use in full their life too, so he need school teachers to help and work together to promotion and push school students brush their teeth 3 or 2 times every day and brushing teeth one time at day school study too. He said thank you so much to department education and school teachers tried to work hard with students and he hope that all teachers will can carry oral health promotion continue by themselves after we finish this program and he said blessing to all school teachers, DCA and Mr. Tim Sang Vat have good luck and healthy.



The second speech is **Miss. Miho**, she said hello and thank you so much to all school teachers, DCA and **Mr. Tim Sang Vat** to spend time coming to joint this workshop even on this time was raining. She said about this workshop today to share knowledge of oral health education to school teachers in primaries school and we establish by department of health and department of education in Mondulkiri, Faculty of Odontostomatology of University of Health Sciences, Jica and OISDE to promotion Oral health program in Mondulkiri for 3 years. The goal in this project and workshop for school program in primaries school in 2 districts and promotion oral health villagers in around Mondulkiri and now she did over one year already and she need department of education and school teachers have good cooperate continue together for this program for one year more in the future, and she said thank you so much for some schools teachers that they worked hard with students and she hope other schools teachers will have time table practical brushing teeth at each school soon like another school that their students can practical brushing teeth every study day at school, and she also apology for some school that she still not yet have time to go visit, but she will go to visit soon.

**The third speech Mr. Tim Sang Vat**, he said hello to **Prof. Vorn Vutha**, **Ass.Prof. Uy Sophorn**, **Mis. Miho**, and school teachers. He thank you to all participates came to join this workshop because it is new knowledge. He said this workshop is very important for all of us because we can teaching to our families and school students, when our family or school students have a good oral health and has no dental carries, we will get good smiling and benefit include money, time etc. He commend to all school primaries must commitment to corporate work together to promotion people and especially students at primaries school because they need prevent their teeth from 6 years old to 12 years old. He told school teachers that they must continue to practical brushing teeth in each school every study day even this project finish program in the futur because he don't want to see school teachers stop practical brushing at school when this project is finishing program in Mondulkiri like other project because he is worry it in the future and encourage his staff teachers that he was sign **M/M** with **Jica** and **OISDE** already to agree continue do this program even **Jica** finishing project in Mondulkiri. He also said thank you to **Jica**, **OISDE**, **Dental school** and **department of health** in Mondulkiri to establish this project to help school students for Oral health education and practical brushing at school, and he also said to open this workshop this time and tomorrow and he hope all school teacher try to study and learn more and more from this workshop.





At 2:30PM – 3:30PM, I (Sonita) started to teaching oral health education lesson to school teachers step by step by PowerPoint, we have some new school teachers are new for him for study but some school teachers for this lesson like remind them again and again and have some parts also new for them too because we corrected and change some parts in this workshop.





**At 3:30PM – 4:00PM, Dr. Channarith** demonstrated new technical brushing teeth step by step on the model teeth demonstrator to teachers and DCA in Mondulkiri province.



**At 4:00PM – 4: 30PM,** we device 5 groups of teachers and they went to find in our each group DCA because our DCA also device 5 groups to observe and correct each teacher brushing teeth to follow our new technique.







At 4:30PM – 4:45PM, all in each group teacher discussion together to answer question about how they control tooth brushing teeth for each student and each class? How they have water in school every time school study day for students practical brushing teeth at school etc.





At 4:45 – 4:55PM, Mr. Lay anointments for the schedule tomorrow morning at 8AM please arrive Poulong primay school together include DCA and school teacher to visit and learn from this school how to provide tooth brush, keep tooth brush, and practical brushing teeth this school students etc.



At 5PM it was time to rest and we said good bye together to each home ourselves and see together tomorrow morning at 7:30AM

At 7:30AM we arrived at Poulong primary school together with some school teachers and DCA. When we arrived this school, all students are seating in each class to study their lesson and teachers also were busy with their students too.





At 8:00AM, it is time to break so all the teachers in each class called or told their students go outside class and stand up on line by each class to practical brushing teeth and show to another school teachers to look and follow up with their students in future.



We saw some students, they bring tooth brush by themselves accept small students are grade 1,2,3 students, their teachers provide tooth brush to each them because they can't keep tooth brush by themselves so their teachers keep it for them every day.



After students have tooth brush and metal cup in each hand already, one man teacher told them to start brushing teeth with his demonstrator on the model teeth step by step in each quadrant of surfaces teeth upper and lower.





All the time they song oral health education every time after they finished their brushing teeth.





After teachers finish watching students show teeth brushing and song, Dr. Yuka and Mr. Bunthoeurn share questionnaire to teachers to do answer again about knowledge oral health education after they saw students of Polong primary school practical brushing teeth and how to learn from teachers in this school to take care tooth brushes for small students, keep metal cups and container water for students use brushing teeth at school etc.



We saw the result first time that all teachers most wrong to answer questionnaires cause they confuse most questions to answer, so Dr. Yuka gave questionnaires paper to them to answer again.

Mis. Miho said thank you all the teachers coming to visit Polong primary school for Oral health promotion to students and she hoped all teachers can do good like this school or good than it in the future. Thanks for all the teachers in each school in Senmonorom and Oraing district and we said good bye all of them.





Any ways, this month group SETRA donate 2 machine pure water and metal cup to teacher representative director of Sre Y primary school for school students in this school use and they have pure water for drinking and have good water to practical brushing teeth at school. Prof. Vorn Vuthe, prof. Sophorn and some students from national dental school give it to Sre Y teacher at OISDE office in Mondulkiri because this month is raining season so we couldn't go to visit Sre Y again because the road still bad condition.



Thank you so much for all of you that try to help promotion oral health education people in Mondulkiri province. May God bless all of you have good luck and hearing from this activity next time.

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